

DF12 – Beauty Therapy

Duration: 10 weeks, 2hrs per week.

Overview:

This course involves an introduction to skin and eye care, manicure and makeup. The course will be made up mainly of practical work with some theory to back it up.

Course Contents:

Skin care:

- Introduction to skin care products .
- Cleansing routine
- Exfoliation
- Masks

Eye care:

- Eyebrow shaping
- Eyebrow and Eyelash Tinting
- Application of False Eyelashes

Manicure:

- Nail file
- Introduction to cuticle work
- Nail paint/French polish.

Make up:

- Introduction to cosmetic products and their uses.
- Make up application