

## **DF02 – Beauty Therapy**

### **Duration**

10 weeks, 2hrs per week.

### **Overview.**

This course involves an introduction to skin and eye care, manicure and makeup. The course will be made up mainly of practical work with some theory to back it up.

### **Course Content:**

#### **Skin care**

Introduction to skin care products .

Cleansing routine

Exfoliation

Masks

#### **Eye care**

Eyebrow shaping

Eyebrow and Eyelash Tinting

Application of False Eyelashes

#### **Manicure**

Nail file

Introduction to cuticle work

Nail paint/French polish.

#### **Make up**

Introduction to cosmetic products and their uses.

Make up application